HSR (LONDON),
HOUGHTON STREET REVIEW JOURNAL
ISSN: 2058-5519|Impact factor-15.9
http://houghtonstreetreview.com/index.php/hsr

TRANSFORMATION OF SPIRITUALITY OF THE INDIVIDUAL IN THE DIGITAL SPACE: OPPORTUNITIES AND RISKS.

Gulhayo Ismoilova Kamol qizi
PhD, Acting Associate Professor, Turon University
doi:https://doi.org/10.5281/zenodo.22863790\

Abstract: This article analyzes the digital space as a new social environment that influences the spiritual image and structural composition of the individual. The primary goal of the study is to identify the mechanisms of formation and transformation of individual spirituality in the digital space, systematize its opportunities and risks, and substantiate the factors that ensure spiritual stability. The research is theoretical and socio-philosophical in nature, utilizing methods of systemic approach, socio-philosophical analysis, comparative analysis, and logical generalization. The results indicate that the digital space has the potential to alter an individual's relationship with knowledge and information, as well as their values, emotional experiences, worldview, behavior, and social responsibility. At the same time, information pressure, manipulative content, virtual addiction, superficial information consumption, and the simplification of values pose risks to spiritual stability. The article establishes media literacy, critical thinking, information culture, value stability, and social responsibility as essential conditions for the spiritual stability of the individual in the digital space.

Keywords: individual spirituality, spiritual image, digital space, transformation, value, media literacy, critical thinking, information culture, social responsibility, spiritual stability.

Introduction. The rapid development of digital technologies is significantly impacting almost all spheres of human life, including education, labor, communication, leisure, information exchange, and social relations. As a result, the ways in which individuals express themselves, acquire knowledge, assimilate values, and engage with others are also changing. From this point of view, it is crucial to study the digital space not merely as a set of technical tools, but as a new social environment where the spiritual image of the individual is formed and manifested. The spiritual image of an individual manifests through the mutual unity of a person's inner world, emotional state, knowledge and beliefs, moral qualities, values, spiritual ideals, and volitional characteristics. In this approach, spirituality is viewed not as a collection of isolated and disconnected traits, but as a complex, interacting system. The digital environment introduces new factors into the formation of this system. The relevance of this article lies in the fact that while the digital space has created broad opportunities for knowledge, education, creativity, and cultural communication on one hand, it can also intensify risks such as information pressure, manipulative content, virtual addiction, and superficial information consumption on the other. Therefore, it is important to analyze the impact of digital transformation on individual spirituality based on the dialectical unity of opportunities and risks. The purpose of the study is to identify the transformation mechanisms of individual spirituality in the condition of digital space, systematize existing opportunities and risks, and provide a scientific and theoretical substantiation of the main factors ensuring spiritual stability. The research questions are as follows: How does the digital space affect the formation of individual spirituality? What kind of spiritual-intellectual opportunities does it create? What spiritual risks emerge within the digital environment? Which factors are essential for ensuring the spiritual stability of the individual?

HSR (LONDON),
HOUGHTON STREET REVIEW JOURNAL
ISSN: 2058-5519|Impact factor-15.9
http://houghtonstreetreview.com/index.php/hsr

Digital Space — A New Social Environment for the Formation of Individual Spirituality. The digital space expands an individual's opportunities to acquire information, exchange ideas, express themselves, and enter into social relations. Consequently, it is becoming an environment that directly influences the process of formation and manifestation of the individual's spiritual image. An individual's digital behavior, their method of choosing information, communication culture, and responsibility in the virtual space manifest as important indicators of their spiritual state. The formation of spirituality in the digital environment is not a unidirectional process. Individuals select digital information based on their existing values, while simultaneously assimilating new knowledge, perspectives, and behavioral experiences through digital content and virtual communication. Thus, there is a mutual interaction between the digital space and individual spirituality.

Expansion of Spiritual-Intellectual Opportunities. One of the significant opportunities of the digital space is the expansion of knowledge and information resources. Electronic libraries, open education platforms, scientific resources, and cultural content can broaden an individual's horizon of knowledge, increase the opportunity for self-education, and stimulate intellectual activity. Furthermore, the digital environment creates new opportunities for communication among representatives of different cultures and perspectives. Such communication can expand a person's worldview, developing tolerance and the ability to understand other points of view. At the same time, the abundance of information does not automatically turn all of it into useful knowledge. As a result, the opportunity to acquire knowledge must be complemented by the ability to select and evaluate information.

Transformation of Values. The system of values is an essential component of an individual's spiritual image. Because the digital space simultaneously presents content related to various social groups, cultures, and lifestyles, it influences an individual's perceptions of values. Consequently, the meaning of certain values may be reinterpreted, new priorities may form, or a conflict may arise between existing values and new perspectives. The transformation of values is not a negative phenomenon in itself. Along with societal progress, certain forms of values are updated. However, this process acquires a constructive character only when it is harmonized with preserving the semantic core of national and universal values, understanding them in modern conditions, and applying them to practical life.

Spiritual Risks in the Digital Space. Along with the opportunities of the digital space, there are also risks that affect the spiritual stability of the individual. One of them is information pressure. An excessive flow of information can fragment an individual's attention, reduce the opportunity for deep analysis of content, and reinforce the habit of superficial perception. The second risk is the impact of manipulative content. In the digital environment, along with information, content aimed at influencing an individual's emotions, views, and behavior is also disseminated. An individual with insufficiently developed critical thinking may accept such content without verification. The third risk is virtual addiction and the weakening of real social connections. Excessive use of digital tools can cause problems related to time management, real communication, and social responsibility. Moreover, getting accustomed to short and quickly consumed content is likely to reduce the need for systematic study and deep reflection on complex content.

Digital Behavior — Practical Manifestation of Spirituality. The spiritual image of an individual is not limited only to inner views; it also manifests in actions and relationships. In the digital space, this state is seen in behaviors such as the responsibility of distributing information, respect for other users, compliance with copyright, refraining from spreading false information, and abstaining from

HSR (LONDON),
HOUGHTON STREET REVIEW JOURNAL
ISSN: 2058-5519|Impact factor-15.9
http://houghtonstreetreview.com/index.php/hsr

discriminatory or offensive content. In this respect, digital ethics cannot be separated from spirituality. The relationships that arise in the virtual space also demonstrate the individual's moral qualities, social responsibility, and value orientations. Therefore, developing a culture of digital behavior is one of the practical directions for strengthening the spiritual image of the individual.

Core Factors of Spiritual Stability in the Digital Space. As a result of the analysis, five core factors ensuring the spiritual stability of the individual in the digital space can be distinguished:

1. Media literacy — the ability to differentiate information sources, evaluate the reliability of content, and use digital information consciously.
2. Critical thinking — the ability to analyze information, compare evidence, and draw independent conclusions rather than accepting information as a ready-made conclusion.
3. Information culture — compliance with responsible norms of searching, storing, sharing, and using information in the digital space.
4. Value stability — understanding national and universal values, developing them semantically in modern conditions, and consciously evaluating the impact of external information.
5. Social responsibility — taking into account the impact of digital behaviors on other individuals and society, and complying with moral norms in virtual communication.

DISCUSSION.

The obtained theoretical results show that evaluating the digital space as either solely a risk or solely an opportunity for individual spirituality is a one-sided approach. The positive or negative impact of the digital environment depends heavily on the individual's spiritual preparation, ability to choose information, and social responsibility. The previously distinguished emotional, intellectual, qualitative-characteristic, axiological, and volitional aspects of the individual's spiritual image manifest interconnectedly in the digital space. For instance, managing the emotional impact of information demonstrates emotional stability; evaluating its content shows intellectual potential; responsibility in distributing information reflects moral qualities; and the criteria of choice display value orientations. Standing against manipulative or pressure-based content requires volitional stability. For this reason, it is appropriate to view media literacy not merely as a technical skill, but as a component of spiritual culture. The integration of digital competence, information culture, critical thinking, and spiritual-moral education within the educational process strengthens the individual's stability in the digital environment.

In addition, the issue of presenting national values in modern forms within the digital space is also significant. If national and universal content is presented in the digital environment in a simple, understandable, scientific, and attractive form, the digital space can also turn into a means of transmitting spiritual heritage.

CONCLUSION.

The digital space has become an important social environment in the life of today's individual, significantly affecting the formation and manifestation of their spiritual image. The digital environment creates new opportunities for acquiring knowledge, creativity, cultural communication, and self-development. At the same time, risks such as information pressure, manipulative content, virtual addiction, superficial information consumption, and the simplification of values can negatively impact spiritual stability. As a result of the study, five essential conditions for ensuring the spiritual stability of the individual in the digital space were substantiated: media literacy, critical thinking,

HSR (LONDON),
HOUGHTON STREET REVIEW JOURNAL
ISSN: 2058-5519|Impact factor-15.9
http://houghtonstreetreview.com/index.php/hsr

information culture, value stability, and social responsibility. These factors should be considered not in isolation from each other, but as a single spiritual-communicative system.

Thus, digital transformation is a complex process that changes the content and forms of manifestation of individual spirituality. Its positive outcome depends not on the technology itself, but on the spiritual-intellectual potential and responsibility of the individual using it. In future research, it is advisable to verify these theoretical conclusions on the basis of sociological surveys, comparative analyses across age groups, and empirical data.

REFERENCES

1. Алексеев П.В., Панин А.В. Философия. М.: Проспект, 2005. С. 284.
2. Филатов В.П. Знание // Железное дерево – Излучение. М.: БРЭ, 2008. С. 520–521.
3. Эркаев А. Маънавиятшунослик. Биринчи том. Т.: Маънавият, 2018. Б. 40.
4. Назаров Қ. Қадриятлар тизимининг барқарорлиги ва ўзгаришлари. Т.: 1994. Б. 9.
5. Зорилова Л.С. Духовные идеалы личности: теория, история и современные проблемы формирования. Автореф. дисс. д. культурол. н. М.: МГИК, 1999. С. 68.
6. Эркаев А. Маънавиятшунослик. Биринчи том. Т.: Маънавият, 2018. Б. 204.
7. Чориев А. Инсон фалсафаси. Мустақил шахс. Иккинчи китоб. Т.: Чинор, 2002. Б. 56.